

4th Annual

# South Prairie Centennial Salmon Run



September 26, 2009

**5K&10K Run - 3K & 5K Walk - Kids Fun Run**

*\$5 Salmon Bake following races!*

*Courtesy of Trail side Espresso*

**RACE SCHEDULE**

Registration 8:00 AM  
10 K RUN (CHINOOK) 9:00 AM  
5K RUN (COHO) 9:00 AM  
3K OR 5K WALK (SOCKEYE) 9:00 AM  
KIDS (MINNOW) FUN RUN 9:15 AM

**RACES START AT THE  
TRAIL SIDE ESPRESSO  
130 HIWAY 162 WEST  
SOUTH PRAIRIE, WA 98385  
FOR MORE INFORMATION CONTACT:**

www.piercecountytrails.org  
PLLEVESQUE@COMCAST.NET  
360-897-8253 OR 253-8412570

**REGISTRATION FORM**

**Mail this section of the form and the entry fee to:**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
EMAIL \_\_\_\_\_  
PHONE \_\_\_\_\_  
T-SHIRT SIZE S M L XL XXL  
MALE  FEMALE  AGE \_\_\_\_\_  
5K RUN  / 10 K RUN   
\$20 IF REGISTERED BY SEPTEMBER 15TH  
\$25 SEPTEMBER 15 THROUGH DAY OF RACE  
3K WALK  - 5K WALK   
\$15 BEFORE SEPT. 15 - \$20 AFTER SEPT. 15  
KIDS FUN RUN  FREE (NO T-SHIRTS)  
SIGNATURE \_\_\_\_\_

Rails-to-Trails Coalition  
PO Box 192  
Puyallup, WA 98371

By signing this form, I agree that all persons or entities associated with the South Prairie Salmon Run shall have no expressed or implied duty to provide traffic control, first aid, water, or any other service or equipment to me during the event, and that I willingly accept all risks, known or unknown, which may arise out of or be related to my participation in this event. Furthermore I do hereby release and discharge the Town of South Prairie, The Foothills Rails-to-Trails Coalition and the South Prairie Cares Committee and their officers, agents, employees, and volunteers from all claims, demands and cause of action of every kind whatsoever for any damages and/or injuries which may result from my participation in the South Prairie Salmon Run. I also grant the South Prairie Salmon Run and The Foothills Rails-to-Trails Coalition free use of any photos taken of me during this event.

SIGNATURE OF PARENT OR GUARDIAN IF

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